INCOLULE LESSES THE MORNING STANDARD

KOLKATAS WEEKEND GLOW









Once-a-Season Festive Offers

This festive season, transform your home effortlessly with designs that set the mood, delivered before Maa Durga arrives.

7 DAYS 11 AM - 8 PM



PMAY - U 2.0

ke saath, sapno ke ghar ka address ab aur bhi kareeb.



PRESENTING

THE INTEREST SUBSIDY SCHEME

Who is eligible for subsidy?



Income up to ₹3 lakh



Income ₹3-6 lakh



Income ₹6-9 lakh

Scheme Highlights

₹25 LAKH

MAXIMUM LOAN

₹35 LAKH

MAXIMUM HOUSE VALUE 4% ON LOANS
UP TO
₹8 LAKH

INTEREST SUBSIDY

₹1.80 LAKH

(5 INSTALLMENTS)

TOTAL SUBSIDY BENEFIT

- The applicant must not have availed benefits underany housing scheme in the last 20 years and must not own a house anywhere in India.
- The carpet area of the house should be up to120 sq. meters.
- A maximum subsidy of ₹1,80,000 will be releasedin five yearly installments.
- The scheme is available only to Indian citizens

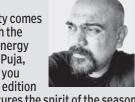


things to do

FROM THE EDITOR'S DESK

Dear readers,

As the city comes alive with the vibrant energy of Durga Puja, we bring you a special edition



that captures the spirit of the season. Gracing our cover this time is designer Rashi Kapoor's latest festive collection, Hastakala. Adorned by actor Susmita Chatterjee, we have curated four exclusive looks from the edit to inspire your festive wardrobe. If you're building your mood board for the season, this is where you begin. Staying in fashion, we offer a sneak peek into the latest collections by Achint Mehta and Surabhi Pansari, perfect for those looking to make a statement this Puja.

And what's a festival without a feast of flavours? Whether you're in the mood for a quick bite or planning an elaborate dining experience, we've rounded up some irresistible Puja offerings by five-star hotels in the city. And for those who consider bhog a must during these days, take a look at the traditional fare served at bonedi baris.

We have put together a guide to some traditional Durga Puja temples in the Northeast, so you can celebrate in your own style. And for those who are ushering in the Puja here in Kolkata, we present the second edition of the pandal-hopping guide that will help you chart your festive trail across the city.

For cinema lovers, it's a festive treat at the box office with four Bengali films hitting screens today. We sit down with actor Mimi Chakraborty to talk about her latest, Raktabeej 2, and take you behind the scenes of Devi Chowdhurani, with director Subhrajit Mitra giving us a peek into the making of this historical drama.

Don't miss out on our gadget, OTT, wellness, and auto pages.

Enjoy!



Editor, Indulge

online/events

Pujo vibes

Sept 28 | Camac Street Sept 28 | Camac Street

Maha Shashti Night at Tall Tales brings live performances
from Bandeh and Debangan, followed by DJ Neil keeping the
crowd dancing until late night. Packed with Pujo spirit, music,
and high energy, the evening promises a festive celebration
that blends cultural vibes with a vibrant party atmosphere.

From 10 pm onwards. From 10 pm onwards.

CHART THE

Inks & tints Sept 27 | Southern Avenue

The Shibori tie & dye workshop introduces participants to the Japanese art of folding, twisting, and binding fabric before dyeing to reveal unique patterns. In a beginner friendly environment, attendees can create wearable art, explore a new hobby, and enjoy a calming, hands-on creative experience at Cafe Buddy's Espresso till Sep 28, at 2 pm and 4 pm. Register online



Oct 1 | Dalhousie Square The *Navami Party* at The LaLiT Great Eastern is one of the Eastern India's bigg elebrations, with drag acts, DJ sets l a riot of lights and colour. It's a night o nces and unapo glamour, rhythm, and a <u>vibra</u>n ity spirit. *From 9 pm*

Faith fractures

THE MORNING STANDARD

Echoes of tin Sept 27 | Cathedral Road

eyond. It explores youth, ageing, memory, and resili in a moving theatrical presentation. *At the Academ*

k through decades of change, from the political lence of the 1960s to the shifts of the 1970s and

FRIDAY, SEPTEMBER 26, 2025 | KOLKATA

Sept 28 | Cathedral Road

The play Charane Seba Lage uses the backdrop of Bengal's Gajan festival to explore caste, tradition, and village life in Debipur. With Haridas as the symbolic Gajan Shiva and Amalkrishna Raychoudhury upholding power, the narrative highlights faith, conflict, and survival. At the Academy of Fine Arts from 6.30 pm onwards. Tickets available online.



Funny business

Oct 2 | East Topsia Anubhav Singh Bassi's *Kisi Ko Mat*

Batana brings the comedian back to Kolkata after the success of Bas Kar Bassi. Known for his sharp humour and storytelling style, Anubhav presents fresh anecdotes and jokes in a new set. From 7.30 pm onwards at Science City Auditorium. Tickets available

DISCLAIMER

Indulge publishes the advertisements in this magazine in good faith, but does not hold itself responsible for the representations or claims made for the products and services, in respect of which readers are advised to make their own assessment.



SCAN THE QR CODE

Let's dandiya

Sept 27 | Chowringee Road

Soul Jams: Dandiya Edition brings

a lively night of garba, dandiya

games, and festive music. With

in-house dancers guiding

newcomers, sanedo sing-offs, and

freeze rounds, guests can expect high energy, bright vibes, and a

community atmosphere perfect for Navratri. At Roots from 6 pm onwards. Tickets available online.

Annual subscription at ₹500/- only

For subscription: ① +917980077423; +919831936769 Email: bookyourindulge@newindianexpress.com

GET IN TOUCH

Send your queries and feedback to: Send your queries and reedback to: Indulge, 24 & 56, Hemanta Basu Sarani, 2nd Floor, Mangalam 'B', Kolkata — 700001 or e-mail: indulge-kolkata @newindianexpress.com; Phone: 22430808

Chairman of the Board: Manoj Kumar Sonthalia Editor: Santwana Bhattacharya Indulge Editor: Edison Thomas

Published by Avnish Singh on behalf of Express Publications (Madurai) Private Limited, at 24 & 26, Hemanta Basu Sarani, 2nd Floor, Mangalam 'B', Kolkata — 700001 and printed by him at Express Press, 328/1110 Rasulgarh Square, Bhubaneswar-751010.

Kolkata: Vol 7, No. 45, RNI Registration No. WBENG/2018/76905. Phone (033) 22430808 Fax: (033) 2243 5814

*Responsible for selection of News under the PRB Act

Copyright Express Publications (Madurai) Private Limited. All rights reserved. Reproduction in any manner, electronic or otherwise, in whole or in part, without prior written permission is prohibited.

Editorial: Sharmistha Ghosal, Dharitri Ganguly, Subhadrika Sen, Atreyee Poddar, P Sangeetha, Apurva P, Shivani Illakiya **Design Editor:** Nitin Tuse **Designers:** B Guru Swamy, S Chengalvarayan, M Selvamani **Photo Editor:** Shiba Prasad Sahu

KHOSLA ELECTRONICS

"KOLKATA CELEBRATES IPHONE 17 LAUNCH WITH **DURGA MAA'S BLESSINGS AT KHOSLA ELECTRONICS"**



D urga Maa Ushers in the Grand iPhone 17 Launch at Khosla Electronics, Ballygunge.

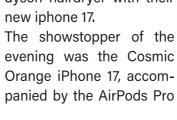
Kolkata witnessed a truly spectacular celebration on 19th September as Khosla Electronics, unveiled the much-awaited Apple iPhone 17 at it's premium Ballygunge Flagship Store. This year, the launch carried a festive theme -"Durga Maa Asche iPhone 17 Niye." Theatre artists dressed as Durga Maa and other deities arrived in a vintage car, welcomed warmly by the directors of Khosla Electronics. The store was transformed into



excitement unmatched - with eager customers lining up from as early as 8 AM to experience Apple's latest innovation. The store brimmed with energy as visitors got a first touch and feel of the powerful new models and made their purchases. One lucky customer even got a dyson hairdryer with their

(3 & 4) and the new Apple Watch Series 11 & Ultra. Available across all Khosla Electronics stores, these products come with exclusive cashback offers on leading credit cards and exciting gifts, making the launch as rewarding as it was grand.

















GOLD JEWELLERY

\$ 100 off 3

per gram of gold jewellery charges



on making charges

on diamond value

DEDUCTION on old gold exchange Special gift voucher on jewellery purchase



abardba

COLLECTION

FLEXI ADVANCE

Save smart! Get lower rates if prices drop or enjoy locked-in rates if prices rise. Book now!



Scan the QR code to explore more APARUPA collections.

100% EXCHANGE VALUE CERTIFIED NATURAL DIAMONDS

BUY BACK FACILITY LIFETIME MAINTENANCE FREE INSURANCE









FRANCHISEE ENQUIRY: 9874453366 Scan here to know your nearest Senco Store!



Visit our D'Signia showrooms

CAMAC STREET: 22 Camac Street, Block A, Ground Floor, Kolkata - 700016, Ph.: 033-46039003/ 7595089141/7595057964

KANKURGACHI: P-344, C.I.T ROAD, Scheme-VI M, Ward No-31, Kankurgachi, Kolkata - 700054, Ph.: 9147065072

SALT LAKE: Premises No: DD-30, Sector -1, Saltlake City, Near City Centre 1, Kolkata - 700064. Ph.: 033-29862244/ 7596089698/7605042567

UTUMN IN KOLKATA arrives not quietly but with a silent rustle, a shimmer, and a promise. As the season drapes the

city in lights, the skies get clearer, *kash* flowers sway in the breeze, and the faint beat of *dhaak* begins to sway our heart and soul — every thing signalling the arrival of Ma Durga. Durga Puja, which goes

beyond its religious aspect to represent the city's culture, is associated with new clothes, food, pandal

hopping, *pushpanjali*, and the delicious *bhog*, an offering made to Ma

In the courtyards of Kolkata's bonedi baris (aristocratic or erstwhile feudal households), where

marble columns lean into history and the air is thick with incense, food leaps onto faith, and recipes

during the Puja.

special

THE MORNING STANDARD FRIDAY, SEPTEMBER 26, 2025 | KOLKATA

Bhog tales from edi

living archive of taste and tradition. The *bhog* is not just eaten, it is inherited, just like the Puja itself

The bhog of Kolkata's old aristocratic homes is a

reflects a tapestry of styles — Islamic arches, Gothic lines, and Italian flourishes. Within the con $fines \, of \, the \, red \, walls, bhog \, becomes$ a meditation. In the earlier years, Ma was offered a dish of salty rice and wild vegetables from the adjoining forest. With the passage of time, the offerings have become richer and more varied, but the devotion remains the same.

Puja mornings begin with raw milk, luchi, and aloo tarkari, while afternoons are all about khichuri, panch bhaja, chanar kalia, chutneys, payesh, rasogolla, pantua, khejur, and mango chutney. The jewel of Harakutir's bhog is Chandoni kheer (the colour of the kheer is exactly like sandalwood), a cane jaggery, saffron, and nuts, served at the end of the meal. Strict ration of the *bhog*. "When Ma's



out the day. Mornings begin with fruits, sweets, and coconut *naru*; by mid-morning, *khichuri* with five different fries and sweets is served. Afternoon meals include rice, dal, ghonto, dalna curries, fried vegetables, payesh, pulao, chutney, and sweets. Nights close with *luchi*, fried aubergine, *dal*, and mohan bhog.

The most unique dish here is the *Papad dalna*, a lightly spiced curry made with fried *papadams* and potatoes. No other bonedi bari cooks this, making it a true culinary heirloom. "Every family member looks forward to savouring the Papad dalna during Puja," says Indrani Mukherjee, a member of the house. Another interesting addition is the tomato capsicum chutney to their bhog. Generational cooks carry forward the flavours, ensuring continuity. The women of the household also join in to prepare the bhog. On Saptami, Ashtami, and Navami, more than 200 guests are fed daily.

Sovabazar Rajbari (Rajkrishna Deb)

'This is our 236th year of Puja," says Nandini Mitra, a member of Sovabazar Rajbari, where Durga Puja was started by Raja Nabakrishna Deb in 1757. Unlike other Puja households, this Rajkrishna Deb Rajbari does not have an elaborate *bhog* spread. They only serve *naivedya* to the Goddess, which is fondly called methai and consumed as prasad.

The hereditary sweet-makers arrive before Sashthi to prepare trays of jeebe gaja, chokho gaja, mithe gaja, nimki, kachori stuffed

steaming *khichuri* or rice platters. Instead, it is a spread of sweets, luchi, and torkari, a ritual that has remained unchanged for about two centuries. Every item is still handmade, including the coconut milk extract, to ensure purity.
Family member Indra Prosad Mullick says, "The taste has not changed. What we eat today is the same as what our ancestors ate. The cooks do not want to change anything." Brahmin cooks, whose families have been serving the household for generations, have zealously guarded these recipes.

Motilal Seal's Bari

In North Kolkata's Motilal Seal

Bari, Durga Puja has been celebrated since 1828. The delecta-

ble bhog here does not comprise

The house speciality malpua fried in pure *ghee* is everyone's favourite. They are two-of-a-kind one made with jaggery (gur) and the other soaked in jaggery syrup. There is also the eternally flavour some *narkel naru* (coconut sweet) rolled lovingly by hand, pantua, gaja, rabri, dahi kheer, and an array of sweets served through the Pujadays. At Seal House, bhog is an unbroken continuity of faith.

Girish Bhavan

-Suchismita Maity 🔀 suchismita.m@newindian express.com **■** @indulgexpress





Dashami speciality, which is slowcooked until the milk thickens with silence prevails during the prepa-Harakutir Ray-Banerjee Bari

become heirloom heritage passed intact to new generations. Ahead of the Pujas, we spoke to the family members of four such aristocratic households to trace the history of their sumptuous and holy

Harakutir Ray-Banerjee Bari

The 333-year-old Puja here began when Keshab Chandra Sen got a divine vision. The house itself

bhog is being prepared, the doors are closed, no one utters a word," says Archisman Ray-Banerjee, a family member. The men of the family take charge in the kitchen for *bhog* preparation, and the house serves about 300–400 people during these auspicious days.

Girish Bhavan

Girish Bhavan's Durga Puja began in 1836, and the house is also known for its elaborate Jagaddhatri Puja. Here, the bhog is served through



millets and spiced with cloves and black pepper. Initially, the sweet and sticky delicacies called *moyas* were made with puffed rice and jaggery. Over time, other varieties were introduced. While raw yoghurt is offered as part of the rituals, cooked food is not a part of their *bhog* offerings. The Puja here lasts for 15 days, beginning from

till Durga Navami.

Krishna Navami and continuing

6



Festive Spirits & Tasty Bites, Celebrate Pujo With Us Till Midnight!

PUJO SPECIAL TIMING 3:00PM - 12:00AM

C90739 49492

4B Valmikee Street, Kolkata - 700026 (Near Maddox Square)



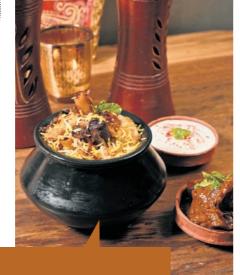
SHARADIYA'R BHURIBHOJ

Here's how the city hotel diners have geared up for Durga Puja this time

Durga Puja is here, and *petpujo* (eating good food) is a must. Be it fuelling up pre or post *pandal* hopping, or meeting friends and family over good food, we keep a watch on both budget-friendly cafés and fine diners. This week, we bring to you what the diners in some city hotels have to offer.



This Durga Puja, ITC Royal Bengal and ITC Sonar have a lot to offer. Firstly, Sonar Mahabhoj at Pala is the highlight of the festivities offering a lavish buffet of authentic Bengali cuisine. Enjoy dishes crafted from age-old recipes alongside live musical performances. Available from September 29 to October 1 for lunch and dinner, 1 pm to 4 pm and 7 pm to 11.30 pm at ₹2,250+. Along with these, the regular grand buffet options at Eden Pavilion and Grand Market Pavilion, and various niche cuisines of Italian, North-Western Frontier Province, Pan Asian, will be available across their fine diners.



Global flavours

Durga Puja is no longer limited to the borders of Bengal or India. It is celebrated with much grandeur throughout the Indian diaspora all across the globe. Keeping this fusion in mind, YAYAvar in Hyatt Centric Ballygunge Kolkata has come up with the Pujor Pothik Mahabhoj, which comprises both Bengali cuisine and global flavours, and live counters. Savour dishes like Murgh shorba, Khow suey, Veg minestrone, Bhetki macher chop, Tandoori chicken tikka, Hara bhara kebab, Basanti pulao, quintessential Aloo jhuri bhaja, Kung pao chicken, Thai red curry, Massaman veg, Eggplant parmigiano, Jacket potato with sour cream, Kheer kadam, Lyangcha, Pantua, Mihidana, and much more. Available from Sept 27- Oct 2 at 1,299+ onwards for breakfast, lunch, and dinner.



Nostalgic dining

This pioneer Bengali fine diner is back with its Durga Puja special menus. The Mahabhoj thali consists of classic dishes like Tomato-badam aloor dum, Guru barir mochar ghanto and more. The non-vegetarian Bhuribhoj and Rajbhoj thali includes the likes of Kolkatar kosha mangsho, Kaju kismis polao, Tawai pora bhetki paturi and more. While you can savour the thalis and à la carte at Aheli, Peerless Hotel Kolkata and Sarat Bose Road, the buffet is available at Axis Mall outlet.

Available between Sept 27 and Oct
2 at ₹1,195+ per person for lunch

Continued on page 10

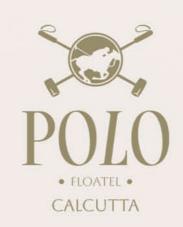
Festive feast

One of the city's finest fine dining experiences is all set to bring out its Durga Puja Special extravaganza. Check out the culinary treat offered by JW Kitchen at JW Marriott Kolkata, which churns out dishes like Shorshe ilish, Kosha mangsho, Chingri malai curry, Bhuna khichuri, and more. Alongside the mains, you can also enjoy live counters with unlimited phuchka, rolls, jhaal muri, kebabs, and more. And don't forget the ambience also treats you to soulful live music. Available from Sept 27 to Oct 2 at ₹2,550+ per person.



A buffet to remember

Let Kebab-e-que at The Astor Kolkata book one of your dates between Panchami and Dashami with its Durga Puja Special buffet for lunch or dinner. This year, the curation includes a trip down memory lane with home-cooked feasts that would remind you of ghar ka khana. Check out items like Kaffir lime pora anarash ar aada diye sorbot, Murgh kasuri tikka, Ambala paneer tikka, and more. Available at ₹1,699+ per person.



THE ENCHANTING NAUKA RIDE

A soulful sail on the Ganges



🕓 +91 62922 76465 / +91 86979 71677 | www.hotelpolotowers.com



er 26 to Octobe





The thali magic If you want a comfortable sit down luncheon or dinner and savour the flavours of Bengali cuisine, then head to Sonargaon at Taj Bengal for festive special *thalis* that you better not miss. The *Mahabhoj* aamish thali includes Radhuni murgi, Gota mashlar khashir mangsho, Doi katla, while the Mahabhoj seafood thali includes Kashundi macher cutlet, Chingri malai curry, Chitol macher peti and the Mahabhoj niramish thali has Phoolkopi roast, Lalsaag bodi



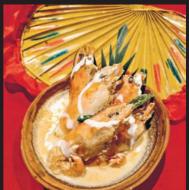
- Dharitri Ganguly

@newindianexpress.com

№ @DharitriGanguly

⊠ dharitri





Celebrating flavours and heritage

Don't miss out on the grand Durga Puja buffet spread by Sarovar Portico Kolkata Rajarhat. The *Pujor Mahabhoj* buffet brings together timeless charm and nostalgia in every dish. Right from *Shahebder gondhoraj jhol* and *Mayer aam pora sharbat* to Tangra *much muche*, or Mullik Barir doi katla; the items and their names reflect iconic legends and their favourites. *Available between Sept* 27 and Oct 1 for ₹1.299+ per person. 27 and Oct 1 for ₹1,299+ per person.



Indulgence indeed

The Park Kolkata invites guests to indulge in Mahabhoj, a grand buffet lunch that Mahabhoj, a grand buffet lunch that celebrates Bengal's culinary heritage with a festive twist. From the traditional Bhaja station to signature dishes like Sutanutir chingri malai curry and Dhakai kosha mangsho, paired with desserts such as Baked mihidana and Gobindo bhog payesh, the spread brings together nostalgia and festive cheer. Set at the elegant Rosewood Banquet, the buffet promises a truly celebratory experience. Available from Sept 29 and Oct 1, 11 am to 4 pm at ₹1,599+.

Flavoursome festivities

Make this Durga Puja special by eating your hearts out at the Sharadiya Somahar buffet at Seasonal Tastes, The Westin Kolkata for a celebration of flavours, festivity, and togetherness. Relish a thoughtfully curated spread that beautifully blends traditional flavours, novel culinary creations, and global cuisine, boasting of dishes like *Lahsooni* chicken kebab, Chilli basil fish, Coconut broth with chicken, Mutton *rezala*, Golbarir *kosha mangsho*, Mutton *biryani*, *Mapo* tofu with pak choy, Indonesian rendang curry and a lot more. Available from Sept 27 to Oct 2. From 12.30 pm to 4.30 pm and 7 pm to 11.30 pm at ₹2,499+.



pujo special





ETHNIC FLAIR Achint Mehta's eponymous label's Festive Edit is apt for the season

CHINT MEHTA'S EPONYMOUS label has dropped a fes-tive edit that feels extra special as it reflects her personal love for the season. It's not just about the vibrant colours and playful silhouettes inspired by Punjab, but also about pieces that make one feel both beautiful and comfortable. Excerpts:

How have you blended the elements of Punjab and Marwar?

Being Punjabi by birth and married into a Marwari family, both cultures are a part of who I am and naturally, they show up in my designs. From Punjab, I've brought in bold colours and that lively spirit, while from Marwar I've drawn inspiration from the traditional gota, zari, and mirror detailing. Together, they give the outfits, a balance of vibrance and elegance.

What is the colour palette that you have chosen for this edit?

intricate

For this collection, I chose festive jewel tones like maroon, gold, and mustard along with softer shades like blush pinks, mint, and ivory. I love the idea of giving women both options — something bold for the big nights and something subtle for intimate celebrations, so

there's truly something for everyone.

What kind of colours will work this festive season?

This year, I feel jewel tones like emerald, wine, magenta and of course, classic golds will really stand out. At the same time, pastels like powder blue and blush pink are perfect for those who want something lighter but

Do you believe in versatile outfits? Do you think your pieces are versatile and can be restyled for other occasions?

Yes, I strongly believe in versatile clothing. I always tell my clients don't just wear your lehenga once. Pair the blouse with a sari or even high-waisted trousers, style the skirt with a shirt or drape the *dupatta* differently. Many of the pieces from this edit can be styled in multiple ways, which makes them perfect beyond just one occasion. This also promotes sustainable fashion and we stand for it.

Is there a favourite piece which you would like to wear during the festivities?

There's an ice blue *lehenga* with delicate handwork and mirror work that I personally love, paired with an orange dupatta. It's light, easy to carry yet very festive to make you feel dressed up. It's definitely something I'd pick to wear for Diwali.

Do you have any upcoming collections?

Yes! After the Festive Edit. I'm working on a wedding collection that is very special to me. It will have bridal lehengas but also fun, playful pieces for bridesmaids and family. The idea is to create outfits that carry the joy of weddings but are still comfortable and versatile.

-Dharitri Ganguly **⊠**dharitri

@newindianexpress.com **■** @DharitriGanguly



CATCHING THE TREND, yet rooting it in the harmony of traditional craftsmanship and contemporary comfort is what makes luxury menswear designer Surbhi Pansari's collections different and chic. With Durga Puja around the corner, she has dropped her latest edit and here's why it should make its way to your wardrobe.

Tell us about your Durga Puja edit.

Achint Mehta

This year's collection seamlessly merges timeless aesthetics with modern-day ease through kurta sets, asymmetric jackets, patiala, overlapping silhouettes and more—each brought alive through jewel-toned hues, soft neutrals, and intricate embroideries that capture the festive spirit.

What kind of fabrics and

colours have you used? The palette is a vibrant blend of tradition and trend, featuring jewel tones and muted neutrals—French rose, stone grey, pearl, Schuass pink, sienna, tangerine, midnight blue, and delicate floral prints. Luxurious yet

Layers & contrasts Kolkata-based luxe menswear designer Surbhi Pansari reveals her Durga Puja drop

breathable fabrics ensure comfort through long festive days. while tonal thread work, sequin highlights, and zari accents enrich the surface

Just like red and white form an eternal combination for women, what works well with men?

Surbhi Pansari

The magic lies in contrasts and layering. Muted tones like ivory, pearl and beige come alive when paired with rich jewel accents such as midnight blue, tangerine, or sienna. A subtle *kurta-pyjama* in pistachio

can be instantly elevated with a Schuass pink or French rose jacket. Similarly, embroidery in tonal threads or sequins layered over solid bases creates the same timeless appeal that red and white hold for women.

What are the three must-haves in a man's wardrobe for any festive occasion.

A versatile kurta-pyjama set in neutral or jewel hues, a statement jacket with fine embroidery or asymmetric cuts, and an accessory element like a stole or *dupatta* that ties the look together.

What is one fashion trend that you think will rule this Puja?

Layering and surface tex-tures will rule the fashion trend this festive season. It's about making a statement not just with silhouettes, but with the colours and craft that bring them alive.

Tell us about your upcoming collections.

Expect colour stories thatsurprise,embroi-



Celebrating the Divine Feminine

Durga Puja is more than a festival. It is a celebration of strength, grace and the eternal spirit of the divine feminine. This special shoot by The Flame captures that essence through the artistry of saree, styling and symbolism, bringing together tradition and modern sensibility in a seamless narrative.

Draped in a creation by Saaj India, actress Parijat Chaudhury embodies the power and poise of the goddess herself. The saree, rich in texture and fluid in form, becomes a canvas of reverence and artistry. In her hands rests a lotus flower, an emblem of purity, beauty and spiritual awakening. The gesture transforms the visual into more than a portrait. It becomes an invocation of Shakti, the life force that inspires resilience and compassion.

The styling by Sougata Sarkar highlights this philosophy with an approach that is minimal yet evocative. Every element has been chosen to complement the strength of the saree while allowing the symbolism of the lotus to speak. The result is a look that resonates with both cultural depth and contemporary refinement.



Through the lens of Subhayan Ghosh, the story reaches its fullest expression. His photography captures light, texture and emotion in equal measure, creating images that are not only striking but soulful. Each frame becomes a tribute to womanhood and to the timeless spirit of Durga Puja.

This special feature is a reminder that fashion can be more than attire. It can be devotion, storytelling and the celebration of the divine feminine within us all.



Somnath Das adds to the vision through make-up and hair design that strike a balance between traditional allure and modern elegance. The look enhances the natural features of the model, ensuring she carries the aura of the divine while remaining approachable and relatable.





Objects of Desire 'n' Design



Spacio Tower

86B, Topsia Road (South), Kolkata – 700046 +91 33 4004 9595 | +91 98300 58311 | www.spaciocollections.com



 $\overline{14}$



story

designer/interview

sari. Layering pieces like brocade jackets or capes, along with heritage jewellery such as chandbalis or chokers, is essential.

For men, a classic *kurta* set in ivory or jewel tones, a tailored bandhgala or sherwani, and a Nehru jacket that can be mixed and matched are a must. Accessories like mojaris, a silk stole, or a pocket square elevate the look without fuss.

What's your offering for men this winter festive season?

THE MORN FRIDAY, SEPTEMBER 26

Our *Hastakala* menswear capsule is monochromedriven, with shades like ivory, taupe, charcoal, midnight blue, and merlot. It's elegant and minimal, focusing on refined embroidery placed only where the eve naturally rests, on collars, cuffs, or seams, Key pieces include wool-silk bandhgalas, merino-silk kurtas, sherwani-style achkans, and textured raw-silk bandis. The idea is to create menswear that's timeless, sharp, and wearable across celebrations

Who is the best dressed male and female celebrities in your eyes? Among women, I admire Zendaya for her sculptural gowns, Deepika Padukone for her powerful saris, Sonam Kapoor Ahuja for her couture-forward styling, Cate Blanchett for her architectural minimalism, and

Alia Bhatt for her youthful elegance.
Among men, Shah Rukh Khan epitomises timeless

charm, Dev Patel brings relaxed luxe to tailoring,



Susmita Chatterjee wearing pieces from Rashi Kapoor's latest collection, Hastakala

that create elaborate, three-dimensional textures.

Silhouettes range from classic lehengas, shararas, and *saris* to contemporary gowns, jackets, and structured separates. For men, I've introduced a capsule inspired by Mumbai; its architectural modernity soft $ened\,with\,floral\,accents.\,The\,menswear\,edit\,embraces$ geometric embroidery, muted monochromes, and clean tailoring for a fresh take on festive dressing.

How different is it from the previous collections?

Each of my collections carries its own soul. My last collection was a tribute to Frida Kahlo, bold, vibrant, and artistic in its palette and essence, Hastakala, in contrast, celebrates the timelessness of our hand techniques while reinterpreting them through modern silhouettes

What's trending this winter festive season in Indianwear, especially for weddings?

Indian brides are experimental, and they want pieces that are impactful yet easy to wear. We're seeing deep necklines, gowns with trails, capes, layered skirts, and even structured jackets making their way into the bridal wardrobe. Festive silhouettes are no longer confined to just *lehenga* and *choli*; versatility and individuality are key. International fashion has also influenced Indian couture, and brides are open to adapting global trends into their

In the current context, what global fashion movements or trends have impressed you?

I'm inspired by how global fashion is moving toward cross-cultural storytelling and sustainability. The lines between couture and ready-to-wear, East and West, are blurring beautifully. Indian designers are pushing boundaries with construction and concepts, and international houses are embracing craft and heritage in new ways. This dialogue feels very refreshing because fashion is no longer bound by geography, it's about creativity that speaks to a global audience.

What inspires you?

I draw inspiration from culture, history, and human stories. Over the years, my design sensibilities have evolved from simply appreciating beauty to creating with purpose. I've grown more mindful of balancing elements — blending boldness with restraint, craft with modernity, emotion with structure. I now see clothes as narratives that connect generations and

What are your plans for the label?

Our vision is to grow Rashi Kapoor into a label that resonates with every Indian, yet finds relevance globally. In the coming years, we plan to build a stronger international presence, participate in global showcases, and create a dialogue where Indian couture is celebrated on par with the world's finest.

How have you seen Indian fashion evolve over the years?

Indian fashion has gone beyond borders. It's no longer just for the Indian market; today, it's global, competitive, and deeply respected. Our designers are showing in Paris, Milan, and New York, while simultaneously reviving traditional crafts at home. What excites me is this duality: being global in outlook yet rooted in culture. That's what makes Indian fashion truly unique.

What indigenous elements of Bengali fashion do you love incorporating into your designs?

Bengal has such a profound craft vocabulary; I'm drawn to the laal-paar shada sari, jamdani, nakshi kantha, and baluchari motifs. I see these not just as textiles but as design languages. For instance, kantha stitches could become contour lines on jackets, jamdani weaves could be reinterpreted as sheer overlays, and baluchari narratives could inspire placement embroideries. These elements bring depth, nostalgia, and cultural grounding to couture, something I always strive for.

What are some festive wardrobe must-haves for men and women?

Women must have a statement sari (Benarasi or organza), a lehenga or skirt set, a versatile kurta-sharara or anarkali, and a hero blouse that can transform any

spiritual

celestial

Beyond the pandal

Here's a closer look at Kolkata's Puja spectacle, where tradition meets imagination

If Durga Puja is Bengal's grand theatre, then the *pandals* are its stage sets—each year competing for wit, scale, and sheer audacity. This season's offerings move between nostalgia and futurism, between riot-torn alleys and silicon-fuelled possibilities. The artistry is often breathtaking, sometimes bewildering, and occasionally a touch over-ambitious. But that, of course, is Puja.

Tridhara Akalbodhan Tridhara Akalbodhan (79th year) calls its theme *Cholo Phiri*—a summons to return to roots. The *pandal* evo the *tanday* of Shiva, *aghori* mysticism, and mountain terrains, conjured by artist Gouranga Kuila. It is both au

special

Mohammad Ali Park

the calm tide

Mohammad Ali Park (57th year) plunges us underwater. Underwater World, designed by Kush Bera, conjures coral and marine life, with the goddess in a shanti avatar—less the warrior, more

Naktala Udayan

At Naktala Udayan Sangha (39th year), Arpan invokes the Mahalaya ritual of tarpan. Rintu Das's design is contemplative: homage to ancestors, offerings flowing through space and light, an ele-

gy for the unseen presences who stand

Sangha

behind every festival.

Santoshpur **Lake Pally**

Santoshpur Lake Pally (68th year) stages Jalchitra - Wash. Young artists led by Anirban Das revive the wash technique of Abanindranath Tagore, transforming the pandal into an atelier where Mahisasurmardini emerges in soft brush strokes. It is a homage to art itself as devotion.

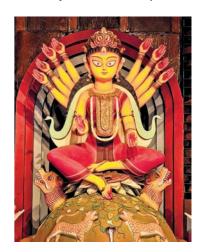


Samaj Sebi

Samaj Sebi on its 80th year looks back to 1946 with Pather Panchali. Not Satyajit Ray's film, but the year of riots, relief work and the club's own origins under Lila Ray and Meghnad Saha. A model street will remain even after immersion—a rare gesture of permanence from an art form built on ephemerality.

Barisha Club

Barisha Club, in its 37th year, travels to the other extreme. Its theme, Sunyo Prithibi, explores emptiness itself. The pandal strips down to suggest the weight of the void, a meditation in bamboo and cloth. Artist Manosh Das turns absence into spectacle-a risky proposition in a city that craves the baroque.



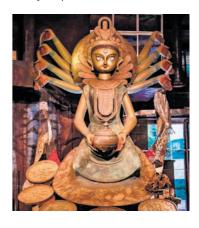
Santosh **Mitra Square**

At Santosh Mitra Square, the theme Operation Sindoor hints at strategy, but the battle here is visual. The installations are martial, the idol fierce, as if vermilion itself has been weaponised.



Badamtala Ashar Sangha

Badamtala Ashar Sangha (87th year) turns its pandal into a courtroom with Aarji. Somnath Dolui's concept and Pallab Jana's idol suggest Durga as justice incarnate, with scales, gavels, and law books framing the goddess. The divine as judge, not merely vanquisher.



The Flame: A Celebration of Comfort, Uniqueness and Class





The fabrics are dyed with intention and care. Every shade has been selected not only for its visual appeal but also for the emotions it conveys. From serene pastels to deep jewel tones, the palette reflects the many moods of contemporary women. Each color tells a story, reminding us that fashion is not just about appearance but also about the feelings it allows us to embody.



In a world where fast fashion often overshadows craftsmanship, The Flame offers a different path. This collection celebrates patience, precision and the devotion of
skilled hands.Comfort, uniqueness and class are not
simply descriptive words. They are the spirit of sarees designed to transcend seasons and become timeless tributes to tradition and style.

In the ever-evolving world of Indian fashion, some collections follow temporary trends while others define a timeless voice of their own. The Flame's newest offering belongs firmly to the latter. Built around the values of comfort, uniqueness and class, this collection of sarees is a refined expression of grace and individuality.

At its core is pure modal silk, a fabric chosen for both its beauty and its wearability. Known for its soft texture and natural sheen, modal silk drapes with fluid elegance while retaining a gentle glow. This quality makes it ideal for sarees that are graceful yet effortless. Each creation celebrates the tactile luxury of silk, offering pieces that are as comfortable to wear as they are striking to behold.

The true soul of the collection lies in its handcrafted zardosi embroidery. This ancient art, long associated with royal attire, has been revived with a modern sensibility. The embellishments shimmer with quiet elegance, highlighting the fabric without overpowering it. Each motif reflects the skill of artisans whose knowledge has been passed down through generations. Their devotion ensures that every saree is more than a garment. It becomes a work of heritage, artistry and continuity.



The Flame's philosophy is clear. Luxury is best expressed in quiet distinction. Uniqueness here is understated rather than loud. It can be seen in the way the fabric falls, the way embroidery catches light at just the right angle, and the way the saree enhances the wearer without demanding attention. These are sarees created for women who appreciate refinement over extravagance, where comfort, exclusivity and class exist in perfect balance.

The visual presentation of the collection has been designed to reflect this same spirit. Styling is kept deliberate yet minimal, ensuring that the sarees remain at the center. Hair and make-up enhance rather than distract, creating harmony between traditional beauty and modern sophistication. Every element works together to frame the saree as both attire and expression.

Through thoughtful photography, the collection takes its final form. Each frame captures not only the fabric but also the feeling it evokes. The images reveal sarees as more than garments. They portray them as carriers of memory, heritage and individuality.

Talents: Riya Bhattacherjee & Sushmita Roy **Wardrobe:** The Flame (Wedding collections)

Styling: Sougata Sarkar

Hair and Makeup: Somnath Das

Photography: Subhayan Ghosh

Location: Maati Bari



ciatingly bright lights and embracing the innocence

of culture and art, the

Puia sees the mandatory distribution of

khichdi bhog on all the days and cultural

functions, which truly

makesonefeelnotonly

a part of the celebrations but also one with

the Goddess. The temple itself was built during the Jaintia dynasty and

houses priceless relics, monoliths, and more.

Taking a break from the

celebrations, you can stroll around the temple and soak

in its natural beauty, sur-

rounded by the hills.

Nartiang Durga Temple, Meghalaya

However, written approval must still be sought from the eldest member of the Royal Family. The celebrations are over 500 years old and are one of the most revered in the State.

Pandu 3 No. Ferry **Ghat Colony** | Assam

Durga Puja in the Northeast is not just about traditional and heritage ones. Modern theme *pandals* can also be seen here, though always with a touch of heritage. The Puja committee at Pandu 3 No. Ferry Ghat Colony, which is incidentally celebrating its 75th year this time, has come up with the theme, Prati Maar Majot Pratima Birajman. What will make the Puja truly commendable this year is that the *pandal* will be hand-drawn and painted by the stu-

dents of the Assam Government Art Academy, Besides, there will be several cultural programmes including dance, singing performances, and recitations apart from the regular dhaak and dhunuchi naach, which form major attractions. With a display of local talent and traditional intricacies even within a theme Puja, the festivities merge heritage, modernism, local talent, and the aura of the celebrations itself.

Hiyangthang Lairembi Temple | Manipur

Although not a Durga Puja in itself, this temple in Manipur becomes a sacred pilgrimage spot during this time, ushering several hundred devotees into the temple. Legend has it that the temple is named after Princess Irai Leima, who escaped from a tiff between a suitor and her father, seeking ref-uge with the family of Sarangthem Luwangba. She was later regarded as a goddess and is worshipped now. Located in the hills of Heibok Ching, the temple attracts thousands of devotees on Bor Numit (Boon Day). It is believed that whoever prays from the heart on this day has their wishes fulfilled. This Bor Numit coincides with the third day of Durga Puja, which is Maha Ashtami, an equally auspicious occasion.

> -Subhadrika Sen ⊠Subhadrika.sen @the new in dian express.com**■** @sensubhadrika

Pic: Pritam Sarkar

web series



drama

Actor Ishaa Saha opens up about working on the finale of the series Indu and her fondest Durga Puja memories

S ISHAA SAHA steps into the character of Indu for the series finale of hoichoi's Indu, she opens up about her shooting experience and her Durga Puja plans.

How does it feel that such a beloved series is finally reaching its conclusion and giving the audience the answers they were waiting for?

It feels great, and we too wanted it to reach a culmination and know what finally happens. We were curious as well. Many of my friends have often asked me what happens next, but I really didn't know back then. When shooting was completed and the questions continued, I obviously wouldn't have divulged. One needs to watch it to find out for themselves. We are equally excited now that it is finally releasing.

What was your mantra for transitioning back to Indu between shooting other projects?

There's no mantra. I had to re-watch the previous seasons. When I play a character once, there is not much to think about. But when you reprise a role, and you have done so much in between, I thought I should go over the show once more. I discovered that Indu is very calm, and I had to match her personality despite being different.

How was the last day of the shoot?

 $Only\,Manasi\,(Sinha)\,and\,I\,were\,there\,on$



the last day. It was a 15-day schedule, and everyone finished on time.

What's your plan for Durga Puja? I have a lot of plans. Almost all of *Sasthi* night I will be *pandal*-hopping. Then I'll sleep till *Saptami* afternoon. And from the evening, I'll visit a few Pujas held in my friends' homes, have bhog, offer anjali, and all of that. I don't know what I will wear, but the tentative plan for the festival days has been chalked out.

What's your fondest Durga Puja memory?

Our childhood Durga Pujas were the best. Now that I am older, my excitement

has mellowed. I spend my Puja in the city. The simple bamboo structure of the pandals wrapped in colourful cloth, where everyone from the neighbourhood gathered together to decorate the mandap, is something I miss. Many Puja songs were released then. Pandal-hopping with grandparents and gorging on egg rolls are things I miss terribly.

What are your upcoming projects?

Lawho Gouranger Naam Re.

-Subhadrika Sen

☑Subhadrika.sen $@new \overline{in} dian express.com$ **X** @sensubhadrika

NCB

Ishaa Saha

Win exciting gifts on every purchase!

Bangle Festival

Nemichand Bamalwa & Sons

23rd - 27th September

③ 033 2282 3386 | +91 98310 52508

Shakespeare Sarani | Manicktalla Main Road



actor/interview

THE MORNING STANDARD FRIDAY, SEPTEMBER 26, 2025 | KOLKATA

cinema

IMI CHAKRABORTY IMPRESSED everyone in *Raktabeej* as the bold and unapologetic SP Sanjukta Mitra. As the prequel gears up to hit screens, *Raktabeej* 2 the actor talks about her upcoming movie, character, and life within and beyond the glamour of silver screen.

With *Raktabeej 2* releasing soon, how are you feeling?

I am nervous. It's a Pujo release and *Raktabeej* was a megahit and the expectation of people from *Raktabeej* 2 will be humongous. With many other films releasing, the pressure is huge.

You have reprised your role as SP Sanjukta Mitra in this film. And sequels often come with challenges. In many cases, we see sequels not faring as well as the original movie. Are you worried about that?

This is my first sequel and the character is already built. Everyone who works on a sequel focuses on building on the characters and story. So the nuances of Sanjukta Mitra's character have been more escalated in the film so she becomes stronger. The relationship between individuals has also developed. The audience will decide whether there has been any growth as far as Sanjukta Mitra is concerned.

The teaser shows the film is action-packed. Did you find the action sequences challenging?

I love action sequences. In *Dainee* too, there was action and I loved doing them. I enjoy going outdoors and taking challenges. If I do not try new things and get bored myself, what will I give to my audience? And how many actors get the opportunity to play a character like Sanjukta? So I tried to do as much as I could in this film and think people will like the action scenes.

Do you use body-doubles?

No, never. I have immense respect for those who do, but it's a very demanding profession

Since you do all your stunts yourself, is there any training that you undergo?

I train in the gym very hard, which has helped me evolve in my fitness journey. For certain films, you need specific training like I had to learn Krav Maga for *Khela Jokhon* and practise the combat scene in *Dainee*. But for *Raktabeej 2*, I know the character and having come from a commercial background, I am aware of how things happen.

How do you prepare yourself for films that deal with sensitive issues?

ldo not really prepare myself. Now we have no clue what blows out of proportion. I don't think about that anymore because you cannot control it, and more so because of social media. As an actor, my job is to not do something that will affect my society adversely or send out the wrong message. This is a conscious choice I make.

How do you deal with the negativity on social media?

I ignore. I only address it when it crosses a limit. And everyone should take action when needed.

Recently fans loved seeing you with Subhashree Ganguly, saying that your friendship has rekindled.

To begin with, there was no problem despite what people assumed. Every year on my birthday she sends me flowers and I

do the same. We watch and appreciate each other's works. Just because we don't kiss and post on social media doesn't mean we are having a problem.

Let's talk about work-life balance. What do you do when you are not working?

I have zero interest in being anywhere else but my home. I hate going out and dressing up. My job is to dress up and socialise, I don't want to do that when I am not working. I love spending time with my dogs, or in my garden. I visit dog institutes and feed cows and detach from social media. I love peace and nature and animals bring me that.

You are a dog person, where do you stand on the stray dog issue?

Iamananimalperson. Withall due regards, the apex court of India considers dogs as threats, but not rapists, molesters, catcallers, or murderers. That is very sad. There are more troubling issues in the capital, such as air pollution. The apex court should not view the voiceless as threats; there are other authorities responsible for such matters. Who will talk for them if we don't?

What are your Puja plans?

I organise the Pujo in my apartment, so I stay there and go nowhere. I make it a point to never leave Kolkata and have never agreed to work for events during Puja.

Releasing in theatres today.

action

— Udisha

□ udisha@newindian

express com

express.com

@indulgexpress

Mimi

Chakraborty

is back this

Puja as the

tough cop

Sanjukta Mitra

in Raktabeej 2

With all due regards, the apex court of India considers dogs as threats, but not rapists, molesters, cat-callers, or murderers. That is very sad. There are more troubling issues in the capital, such as air pollution. The apex court should not view the voiceless as threats; there are other authorities responsible for such matters

99

Mimi Chakrabortv

drama

UNVEILING THE MYSTERY



Director Ayan Chakraborti spills the beans on the long wait for *Indu 3* and whether there will be more to the character

VANCHAKRABORTIREMA. INED firm in brushing aside all rumours: Indu's story ends with the season finale. Ayan talks about directing the popular series in its last leg.

What took so long for Indu 3 to finally release?

This is actually Sahana's (Dutta) series. She wrote the first two seasons. I have just come in for the third season as writer-director. Since Sahana has been busy with other works, she was not able to find time to write Indu 3, which is why I had to step in for the finale season.

Since there are three directors in the series, how has uniformity in the narrative been maintained?

There is no issue with continuity. Most of us who work in the Bengali entertainment industry get so little time to shoot that there is more or less continuity maintained in the narrative.

Did the massive success of Indu 1 and 2 add to the burden of keeping up with the series' fame?

Absolutely. Immense pressure was always

there—in fact, it is still there. After watching seasons 1 and 2, people have a lot of expectations. The pressure definitely lies in whether season 3 will be able to touch that mark or not, and whether it will go beyond. One has to give certain twists that people would not have thought of at all.

Do you think it is better to keep a narrative as a limited series?

Ayan Chakraborti

I prefer the narrative to end in a limited structure. That is why I probably come in to write off the series. Shei Je Holud Pakhi season 2, Paap 2, and Indu 3 are also mine. I prefer to conclude the narrative.

What is the easiest thing about working with an ensemble cast?

I like having an ensemble cast. Even in my other works, there is an ensemble cast. The advantage is that the pressure doesn't fall on the shoulders of any one actor: rather, it getsdivid-

Pic: Pritam Sarkar

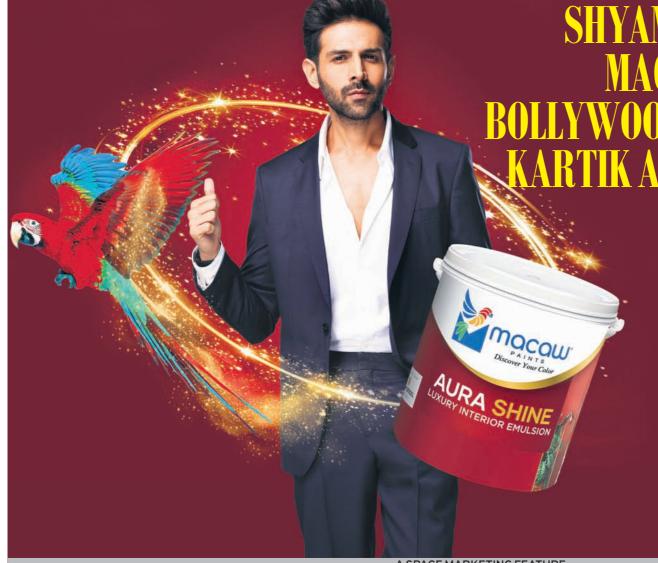
ed. Moreover, whenever I write, there are a lot of characters in the narrative. so obviously, there will be an ensemble cast.

> September 27 on Hoichoi. **−Subhadrika Sen Subhadrika.sen** @newindianexpress.com **■** @sensubhadrika



THE MORNING STANDARD

FRIDAY, SEPTEMBER 26, 2025 | KOLKATA



Indu 3 releases on

YAM STEEL LA hyam Steel, one of India's most trusted steel brands with a legacy spanning over 79 years, proudly announced its grand entry into the decorative paints industry with its vibrant new brand – Macaw Paints. To add youthful charm and star power, Bollywood's young superstar Kartik Aaryan has been onboarded as the brand ambassador. With its core philosophy *Macaw ke rang, magic ke sang*, Macaw Paints promises to bring bold, vibrant, and premium paints to homes across India. As the company states, these are truly "Paints that carry trust, legacy, and blessings".

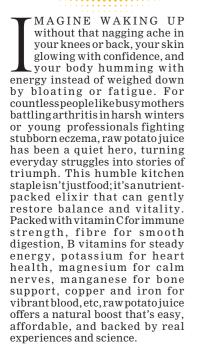
> Expressing his excitement, Kartik Aaryan shared, "I am delighted to be associated with Macaw Paints from the house of Shyam Steel as a brand ambassador. Just as paints bring joy and vibrancy to our lives, Macaw Paints brings freshness and magic to every home".

A Shyam Steel spokesperson said, "For us, Bengal is not just a market but an emotion. Launching Macaw Paints during Durga Puja reflects the spirit, energy, and cultural pride of the region. With youth icon Kartik Aaryan, who is loved across generations and cherished in family homes, as our brand ambassador, Bengal witnesses a new udaan - Macaw Paints".



wellness/week ahead





Let's look at a few benefits of the same:

- Raw potato juice's natural antiinflammatory powers and compounds like antioxidants and minerals help calm swelling in joints, from arthritis flares in cold weather to back or elbow discomfort.
- Ever feel like your body is running so tired that no nap can fix it? Poor circulation might be the culprit, starving your billions of cells of oxygen and nutrients. Raw potato juice steps in like a gentle guide, enhancing blood flow to deliver life-giving essentials everywhere. The result means better digestion of the foods you love, turning meals into fuel that reaches every corner of you. Feel



the warmth of renewed vitality. knowing your heart and cells are

- In our fast-paced world of stress. junk food, and medicines, our bodies can tip toward acidity, inviting discomfort and fatigue, Raw potato juice, highly alkaline, helps restore that delicate pH harmony, creating an environment where wellness flourishes.
- That persistent itch from eczema or the embarrassment of dry patches? Raw potato juice offers tender relief when applied topically. Its soothing properties help in pigmentation, fading rashes, cleansing, under-eye puffiness, etc. Use raw potato juice application once a week only to get its benefit.
- The sharp toe pain of gout signals kidney overload from uric acid buildup. Raw potato juice breaks it down and flushes it out, easing that torment. A cup of juice first thing in the morning keeps the body alkaline and helps in reduc-ing uric acid as well.
- Heartburn, bloating, or that post-meal discomfort from gastritis steals the pleasure from eating. A tablespoon or two of raw potato juice in water 45 minutes before meals neutralises acidity, bringing soothing relief in one-two weeks. Do it for two weeks only and then stop.
- Applying raw potato juice to the scalp and hair keeps the hair softer, reduces dandruff, slows greying, and improves hair follicles. Apply the juice and rinse after 20-30 minutes



clinical nutritionist with a focus on healthy lifestyle choices.



SAGITTARIUS

(Nov 22 - Dec 21) Your plans will work out as expected. Professional and financial success is guaranteed, provided you use your resources wisely A rise in salary or an increment is on the cards. The joy that comes through spiritual growth is the ultimate form of joy. You have the power to be the light to others. At work, there are better wavs to handle a situation

Lucky colour: Light lavender

(Feb 19 - Mar 20)

stomach and jumped onto fibre supplements overnight. Within a week, she felt swollen, uncomfort-able, and frustrated. When we switched her approach to wholefood fibre -lentils, brown rice, leafy greens, and fruit and spread her intake across meals, the trans-formation was remarkable. By the third week, she felt lighter, more energetic, and noticed improvements not just in her appearance, but in her mood and digestion too.

FIBRE: NOT

JUST

ROUGHAGE,

RESILIENCE

S A CELEBRITY dietician,

I often see people chasprotein shakes and exotic I often see people chasing

superfoods, while overlooking

something deeply simple-fibre. Right now, the trend of "fibre-

maxxing" is making waves on social media, and for good reason.

Fibre does more than just keep you "regular." It helps lower cho-lesterol, stabilise blood sugar,

nurture good gut bacteria, and even reduce the risk of heart dis-

ease and diabetes. But there's a catch. Too much fibre too quickly,

especially from supplements or processed sources, can cause bloating, gas, and discomfort.

Take Neha, one of my clients, for example. She wanted a flat

So how do you do fibre-maxxing? Prioritise whole foods like beans, vegetables, and whole grains. Increase your intake gradually, not all at once. Drink plenty of water to help fibre do its job. And aim for a mix of soluble fibre (like oats and apples) and insoluble fibre (like leafy greens and bran) for a balanced gut.

Trends come and go, but consistency is what truly matters. Fibre may not be flashy, but when honoured properly, it quietly builds resilience — for your gut, your metabolism, and your long-term

> Privanka Shah. clinical dietitian and founder at Nutridate with Priyanka.

ARIES

(Mar 21 - Apr 19) Legal battles and court cases will be won. Those who are fighting against justice and inequality will see the light of the day. The ruling will be made in your favour, so do not give up now. You can manifest the life you want, and what you need will magically appear in front of you. Successful new beginnings will be the highlight of this week Monitor your finances Lucky colours: Red, black

CANCER

There is so much to

achieve in the coming

days, provided you make a detailed plan of it right

(June 21 - July 22)



You have done a wonderful job, and now it is time for you to move to your next project. Awards, scholarships, and promotions are on the cards. Insights will come only from quiet meditation. Ensure you get enough sleep or take time off. You have the power to nurture yourself and those you love by making anything more beautiful. Lucky colour: **Bright pink**

(July 23 - Aug 22)

This week, you will meet a

great sense of humour, is self-reliant and brilliant in

his or her work field. This is

the time for your career

rather than relationships.

Focus only on the big picture and leave the final

materialistic needs will get

magical ways. Charity will amplify your blessings.

Lucky colour: Fuchsia pink

details to others. Your

fulfilled in the most

person who will have a



(May 21 - June 20)

Angel

Calendar

This weekly

column is based

on angel oracle

guidance and

numbers

AALIIYAA

HJARRIWALA

Chaldean

numerologist.

Angel oracle

guide & healer

You can achieve anything right now, provided you go after what you desire. This is going to be your lucky week, where new resources of money, time, and support are coming your way. A job change or promotion is going to be the highlight. With determination and self-control, you will be galloping towards your career advancement. Your success will be acknowledged.Lucky colours: Golden, white





demons of the past, provided you make a courageous choice to change your situation Due to overwhelming emotions, you may not be able to see things clearly. Focus your thoughts only on the outcome you desire. Release any feeling of regret. This is a crucial



You can be free from the time for your celebrations. Lucky colour: Lime green



(Sep 23 - Oct 22)

It's time to make a decision

and be clear about what

you want. Take action only

when you are completely

consequences. You need

a complete detoxification

chakras. Release yourself from the past, and you

situation. Time heals all

wounds. The search for

the meaning in life is in

and balancing of your

will grow from the

uplifting yourself.

Lucky colour: Purple

sure about the

Stand up for what you believe in and have confidence to claim your personal power. A dream

of yours will come true, provided you believe in vourself. The end of a difficult situation will also mark a new beginning. Powerful psychic insights, reflection, and meditation will provide valuable information. Be at peace from within. Lucky colour: Magenta

enthusiasm, and your courageous nature, it is time for you to take action. Embrace your inner child and new friends, Relationships will bring a lot of happiness. Spend more quality time with your childhood friends or your children. any regret. Lucky colour:

(Jan 20 - Feb 18)

(Oct 23 - Nov 21)

Release the past and let it

enriching future coming.

Your dreams are going to be fulfilled because of the

hard work you have put in

the past. There are better

ways of action available

for you, and working alone may not be the best

answer, Review all your

ahead. Those who are

into trading or betting,

Lucky colour: Dark blue

think twice.

details before proceeding

go. There is a more

Everything in life happens for a reason, so release

With full confidence,

The wheel of fortune favours you now. A change in direction will offer you happiness. For those who have been angry at themselves and others around them, the times are changing now. A gift of fashion opportunity and inspiration is coming your way. Business partnerships will Lucky colours: White, light brown





jobs can be taxing. Keep your sense of humour intact, and you shall be able to sail through inspiration is coming Lucky colour: Orange





T'S PRETTY AMAZING how even shaving off a few grams and slimming down the side profile can have a dramatic effect on how a phone feels in the hand. Yet so it is with the iPhone Air, the first major shakeup in iPhone design since the all-screen iPhone X, a phone so different from every other iPhone that it's the first flagship after the 2007 original to

not have a number attached to it.

Over the past week of using the Air out and about in public, I've had people come up and ask to hold the device and loudly wonder "Where's the rest of the phone?" At just 5.6 millimeters thick and 165 grams for a 6.5-inch phone — for reference, the iPhone 17 Pro with its smaller 6.3-inch screen is 8.75mm thick and weighs 204 grams — the difference is palpable. And with its rounded corner and polished titanium edges, it comes closest to what I'd describe as holding a futuristic screen in your hand, with the "phone elements" disappearing away from view — you really have to hold this in your hand to appreciate the craftsmanship and how good it feels in the hand. Pictures just don't do it justice.

Its sleek dimensions raised eyebrows (initially) about durability and strength, and while I haven't subjected the Air to the 'meant-forviews'bendtests,thetitaniumframe held up pretty well when I dropped the phone onto the tiled flooring (for science!), as has the Ceramic Shield 2 panel that offers better scratch

resistance. All this reengineering doesn't come at the cost of the IP68 rating for dust and water resistance, and the slim frame makes space for the customizable Action button and the Camera Control key while forgoing a physical SIM - the Air is eSIM only

As for the display itself, it joins the rest of the 17 lineup with 3000 nits of peak brightness, 1-120Hz ProMotion support and an anti-reflective coating that does well to cut down glare under direct lighting. The screen-only phone effect is rather pronounced when you're watching content on the Air, and if anything is let down, it is only by the exclusion of a second stereo speaker

— the mono speaker, while packing punch and volume, is left a little hamstrung with the single channel audio.

In the story of superlatives thus far, the manner in which Apple has kitted out the Air with the more powerful A19 Pro chip, the custom C1X modem and N1 wireless chip for Wi-Fi7/Bluetooth 6all within the camera plateau on the rear deserves mention, and it plays a big role in another key factor: battery life. With the Pro chip, the Air is never left wanting for speed or grunt, even if you're running the new glassy iOS26 interface or if you push it with demanding games or AI-intensive tasks, though I'd recommend you opt for the bulkier Pro/Pro Max if you're looking for pure sustained performance.

Now, packing the phone internals into the top fifth of the device means Apple's been able to pack in a slim bat-tery across the rest of the device, and in my experience, I managed about a day's worth (between 11 and 12 hours) of use. Snapping on the new iPhone Air MagSafe battery, a slim battery pack that adds about 5-6 hours of use, feels like a middle-ground solution — carry a slim phone for most of the day, and juice it up when needed for

That leaves us with the last and possibly most controversial decision — the single 48MP Fusion camera setup—and really, it may not be enough for you. While the single shooter takes great shots and portraits, and you do get the new Center Stage selfie camera that takes portrait and landscape selfies without changing your grip, excluding the ultrawide means you will have to take a few steps back for that group shot and miss out on macro photography altogether. Having had the almost-as-thin Samsung S25 Edge pass through these pages earlier this year, that was a compromise the competition somehow was able to overcome.

In the end, the Air may ask some tradeoffs of those who decide to buy it, but it rewards you each time you pick it up. One week down, I still smile at just how much I'm enjoying using the Air — it nails style while keeping things light, perfect for fashionistas and light-packers alike.

-Tushar Kanwar

The writer is a tech columnist $and\ commentator\ and$ tweets @2shar

wearable

Watch Out

Apple's entry-level watch no longer feels like settling for less

IT'S A STORY similar to the base iPhone. Every year, the Watch SE represented the "there but not quite" option, in that it had all the elements but was held back to meet a lower price point. Much like the iPhone on this page, the year sees Apple flip the script, with the Apple Watch SE 3 seeing the big gest upgrades, year on year.
Still the splitting image of the 2022 SE,

the SE 3 is now available in 40mm and 44mm options, and sure, the bezels are still there (and noticeably thicker than the Watch Series 11), but the watch sees an upgrade to



Ion-X enhanced glass, which is the same as on the Series 11 for improved scratch resistance. Crucially, you now get an always-on display for telling time at a quick glance, without having to raise your wrist or tap the display. On the SE 3, the OLED display ships with a peak brightness of 1,000 nits, which dims to 500 nits when your arm is down to continue showing you the time, your workout stats, or a phone notification.

Under the hood, the third-generation Watch SE is powered by the same S10 chip that powers the Series 11 and the Ultra 3,

which enables all the double-tap gestures, wrist flick controls, and on-device Siri that give the SE 3 a proper, uncompromised feel. The story continues on health features, with the SE 3 packing many of the same health tracking features as the Series 11, including sleep apnea detection, high- and low-heart-rate alerts, AFib detection, temperature sensors for more granular menstrual tracking, and the ability to calculate a nightly Sleep Score, the latter a new feature that rates each night of sleep based on when you slept, how long you slept and how many times your sleep was interrupted. Super handy to look at in the morning and

You do miss out on the Watch Series 11's $ECG\,tracking\,and\,blood\,oxygen\,monitoring$ for the pretty savings you make on the SE 3. You'll also have to contend with average battery life and charge daily, but when you do, it will go past the 50% mark in just 30 minutes, perfect for a splash and dash in the middle of the day if needed. Bear in mind, the smaller display and sizes may work better for those with smaller wrists, but it may be too small for others, so try one on for size before picking it up.



first drive/ride

FRIDAY, SEPTEMBER 26, 2025 | KOLKATA

revolution

THERE IS one company that understands the pulse of the market, it is Maruti Suzuki. In 2025, the company brings to us the car that has it all—the VICTORIS.

Let's start with taking a look at the actual product. With a length that's just shy of 4.4 metres and a wheelbase of 2600mm, the VICTORIS is not shy of space. On the outside, the vehicle is totally high-tech with all LED lighting on the top models with extended features. The rear also gets a connected LED lamp at the back, making it look quite futuristic. Here too, the top models get a powered

tailgate with gesture control.
Step inside and you can see where Maruti has made a difference. There is a snappy 10.1-inch touchscreen in the centre for the infotainment and other control displays. It has a sharp display and shows no lag. Wireless CarPlay and Android Auto are present, and for the first time again in a Maruti, you get an Infinity sound system with a total of eight speak ers, including two subs! Dolby Atmos is present to rock you in a 5.1 channel format, so everything from ragas to rock sounds fantastic — and we love that rotary volume control.

There are three powertrain options—petrol, S-CNG, and Full Hybrid. As expected, the S-CNG is the slowball here with a mere 87 horses at its disposal. However, it does come with an innovative system of positioning of the CNG cylinders below the floor level, freeing up boot space. You get a choice of a 5-speed manual, a 6-speed auto, and the Hybrids get an eCVT. Interestingly, Maruti also offers ALLGRIP (its version of all-wheel-drive) in select variants as well, though only with



The week that was



BMW launches 1000RR

The new BMW S 1000 R is fitted with an oil/ water-cooled four-cylinder four-stroke in-line engine with a displacement of 999 cc. Peak output is 170 hp at 11,000 rpm, and a maximum torque of 114 Nm at 9,250 rpm, sprinting from 0-100 km/h in 3.2 seconds, and a maximum speed of 250 km/h. (Electronically Limited). The R comes equipped with standard features such as the M Quick Action Throttle, Engine Drag Torque Control (MSR), etc. Priced at ₹19.9 lakh, ex-showroom



Renault's 10th Anniv. KWID

Renault India has launched a special 10th anniversary edition of the KWID, limited to 500 units. Two new dual colour options include a yellow line in the grille, shiny black flex wheels, and a new interior theme with yellow accents on the seats and metal mustard trims. You also get illuminated scuff plates and puddle lamps. 3-point seatbelts are now standard, and six airbags are standard on the Climber variant. Both manual and Easy-R AMT transmission choices are available. Prices for the KWID Anniversary edition start at ₹5.14 lakh, ex-showroom, onwards.

impressive

A scooter from one of India's larger twowheelermanufacturers has the guts and the glory to battle it out in a crowded market place

THE TVS NTORQ has always stood out as a symbol of performance in the scooter segment. With the introductionof a 150cc variant, this position seems to have been cemented even further. Performance and reliability were always the brand's forte, and with the official launch of the aforesaid 150cc version, the scooter Street performer

seems to be the market leader

The design, of course, is something new—a fresh take, fea-turing an arrowhead-shaped front apron inspired by what the company calls a Graphite concept. It comes equipped with an all-LED headlight that includes a sophisticated four-part projector unit and LED DRLs, which double as turn indicators. Visually, it appears larger than the NTORQ 125, clearly identifying it as a

150cc model. The vibrant yellow colour, comple-mented by matching 12-inchalloy wheels, adds to its appeal. With a naked handlebar that lends a sporty, motorcycle-like and switchgear

borrowed from

the Apache motorcycle series, the NTORQ 150 is designed for those seeking a more thrilling ride. The under-seat storage mirrors that of the NTORQ 125, adding to its practicality.

The digital console resembles a gaming interface, featuring ride modes, trip details, and connectivity options for pairing with a smartphone app. You can also connecta smartwatch, and things like music can be controlled from the dash as well. A lot of features exist, including the ability to support turn-by-turn navigation on the vibrant TFT display. Other safety features include adjustable brake levers, a new master cylinder (found on larger bikes), single-channel ABS, a large petal disc brake up front, and a drum brake at the rear. The addition of traction control is a notable

advantage for this scooter. The NTORQ 150 is powered by a 3-valve engine that delivers 13 bhp and 14 Nm of torque. Its microhybrid assist system provides a quick torque boost right from the start, and the company claims it can go from 0 to 60 km/h in just 6.3 seconds. The CVT gearbox is smooth and refined, enabling the engine to rev freely. Nonetheless, the scooter showcases excellent riding performance, maintaining stability and balance without compromising ride quality. It also impresses with solid braking performance and tire grip, thanks to the Eurogrip Remora tires. While the rear suspension may feel a tad soft, most riders will find it manageable unless pushing the scooter to its limits on the track. Impressively, the top speed exceeds 100 km/h, with heavier riders hitting 100 km/h on the speedometer and lighter riders reaching a 110!

Overall, we are thoroughly impressed with the TVS NTORQ 150's performance, practicality, and aesthetics, making it a top recommendation in its category against all competitors

> Priced at ₹1.19 lakh onwards, ex-showroom.
>
> -Mohit Soni





04 Nights 05 Days

CLASSIC QATAR



AARYAN LEISURE & HOLIDAYS PVT. LTD.

7/1C, Hazra Road, Edcon Swastika Building, Flat 1B, Kolkata - 700026

C +91 9501066001/ 02 6 +91 7044076004 e enquiry@aaryanholidays.com







STANLEY Makers Of Beautiful

BOLD. BESPOKE. BEAUTIFUL.

COMPLETE HOME FURNITURE SOLUTIONS

Designed, engineered and crafted to perfection with the finest ethically sourced materials from around the world in our state-of-the-art factories.

Made in Stanley, The Stanley way.

ON SALE NOW

Living | Dining | Bedding | Kitchens | Wardrobes | More..

Premium Format Store Showcasing Loose Furnitures



City Stores, Kolkata

Mirania Gardens - 98319 13000 Ideal Unique Centre - 99039 78887



SCAN TO REACH US

Done by LUXOREACH 20 09 2025